



ZHINENG QIGONG

Level 1 Teacher's & Bi Guan Training



About Master Yuantong Liu

Master Yuantong Liu has been engaged in Zhineng Qigong Science and methods training and teaching for more than 30 years. He successfully accomplished the rigorous teachers program in the ZQ Hua Xia Qigong Center - known in the West as the first „medicine-less hospital of the world“ (near Beijing) under the guidance of Dr. Pang Ming. He continued to work closely with Dr. Pang Ming for 10 years.

He has shared Zhineng Qigong methods and Science as well as Qigong medicine with thousands of people. Among other things people healed from mental, chronic and terminal illnesses. He teaches the principles of Zhineng Qigong in his own Qigong Center in China, as well as in Europe, the USA, Mexico, South Africa, Indonesia and Malaysia. He is also the co-founder of the international Hunyuan Qi Therapy program, the Masterclass Training and the Consciousness Development Program.

Healing, transformation, inner wisdom, balance, increased self-awareness, trust and confidence in sharing the Zhineng Qigong methods with others are concrete results of studying and learning from Master Yuantong Liu.

One place - two opportunities

The Life Qi Center is very happy to announce two amazing opportunities for you in October 2019. If you aim to take your Zhineng Qigong practice to another level, we welcome you to the **Tian Shi Hall Daoist Temple in the Qingcheng Mountains, China from Oct 4 to 27** for either

Zhineng Qigong Level 1

Teacher's & Advanced Training

Deepen your understanding and studies of the scientific Zhineng Qigong theories, knowledge, methods and tools. All of the focus areas stated on page 2 will be shared so that you improve your own practice and meditation level and at the same time gain a strong theoretical foundation.

Master Yuantong Liu will ensure personal guidance, feedback and individual correctons. As a result you will feel confident and know how to practice, demonstrate and share these powerful approaches to individuals or to small and large groups. A ZNQG Level 1 Teacher's & Advanced certificate by Master Yuantong Liu is provided after completing the training.

or

a powerful Biguan Training

In 2018, Master Yuantong Liu spent 2 months in the Daoist Temple in Mt. Qingcheng for his own Biguan practice. During this dedicated practice time, he would only have one vegetarian meal per day for lunch. He had many amazing and powerful experiences, which he will share with you so you can benefit from them. He will be your guide and mentor for your own Biguan practice.

While receiving individual guidance of Master Yuantong Liu for your special, dedicated and personal practice plan and schedule, you will develop your own virtue and increase your Kongfu level. Be ready to live your fullest potential expressing a meaningful life and your life's purpose.

混元靈通
 2019 10月

Focus areas Zhineng Qigong Level 1 Teacher's & Advanced Training

Learn how to teach, share and practice:

- Lift Qi Up Pour Qi Down
- Adjust your mind
- Regulate your Body Posture
- Eight verses meditation
- Nine Characteristics of Zhineng Qigong
- Hun Yuan Ling Tong Meditation and Healing
- Three Centers Merge
- La Qi
- Chen Qi
- Rolling the spine (Scrolling) and Wall Squats
- The theories and methods of organizing a Qi field for teaching, healing, progress and more inner wisdom or any other intention
- Hunyuan Qi, Hunyuan Qi Field, YYT theories
- Aspects of Self-health-care management from a Zhineng Qigong Science perspective
- The three ways to teach
- Structure, content and delivery aspects of an individual session and group workshops
- Qi reactions
- Power of Consciousness
- New Point of Life & Awakening True Self



Focus areas of Biguan (monastic) Practice Training

- Experience a strong progress in your practice level
- Enjoy how your mind gets more clear, bright, calm, focussed and peaceful
- Observe how your emotions enter a peaceful and quiet state and your inner happiness is raising up. As a result, you will always feel the inner joy no matter what is happening.
- Be in awe, how your physical body gets stronger then ever before!
- Allow the Qi of your meridians to flow more smoothly and freely
- Recharge your Dantian Qi
- Personal practice schedule, mentoring and coaching through Master Yuantong Liu



Application and Information Form

- Please tick the box -

Zhineng Qigong Level 1 Teacher's & Advanced Training

Bi Guan Training

Register by providing us with your personal details:

Full Name:	
Street:	
City Zip Code Country:	
Home Phone:	
Cell Phone:	
E-Mail:	
Skype:	
Contact in Emergency:	
Relationship:	
E-Mail:	
Phone:	

Results you will achieve

- Bi Guan Training:
 - Increase your own Kong Fu
 - Practice like a Qigong Master
- Zhineng Qigong Level 1 Teacher's Training
 - Become a passionate, confident, compassionate, certified teacher convincing through an authentic presence with enthusiasm, knowledge and profound practice experience

Requirements

- Practice Zhineng Qigong for at least one year
- Commitment to deepen your practice and understanding of Zhineng Qigong Science and Qigong medicine
- For the Teacher's training: Intention to share the power and beauty of Zhineng Qigong Science with others

Application

Please fill it out and email it to:

lifeqicenter@yahoo.com

We will come back to you asap with further details about this unique program.

We look forward to assist you to become the best HunYuanQi Therapist to support you in living your fullest potential and to be the best contribution for others.

Contact Details

Master Yuantong Liu

Life Qi Center

No.140 Nansanduan Hubin Road,
Waitan Fengjing

Meishan 620010 - Sichuan China

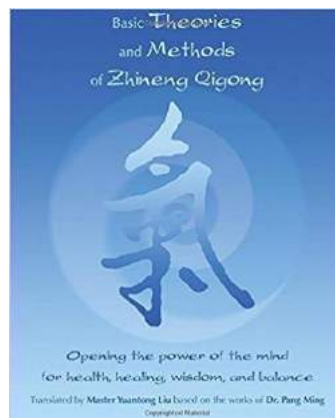
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www.lifeqicenter.com

Tel:+ 86 130 5660 1535

Skype: lingtong999



Entrance Daoist Temple



Recommended Book

About the location

Honored as World Cultural Heritage, Mount Qingcheng is one of the famous cradles of Taoism and holy land in China. It is named for the location in green and quiet forest throughout the year, which also wins its reputation of Mount Qingcheng being the most secluded Land in the World.

Accommodation and Training Venue: Tian Shi Hall Daoist Temple in the Qingcheng Mountains, Sichuan Province

Airport: Chengdu, China

From here a taxi transfer will be organized to the temple (ca. 1,5 hrs drive)

Your investment:

USD 3.000 incl. accommodation in double room, meals and all instructions and certification processes

Single room supplement:

500 USD

Banking Details

Industrial and Commercial Bank of China

Bank Address: No.81 Sansu Road, Meishan 620010 Schuan,China Tel: +86 28 3810 9221

BIC: ICBKCNBJSCN

Name: LIU ZHI JUN

Account Number.:
622202 2313 0042 77740

Please fill in your Qigong information

How long have you been studying ZNQG? Who are your teachers?	
What other Qigong training have you practiced? Who were your teachers?	
If you have studied Qigong previously, please describe your current practice (what methods and how much time you practice each day)	
Are there health problems you want to work on?	
What do you feel is your next step of practice?	
What would you like to learn during this retreat?	
What other forms of energy work have you studied? How long? Reiki, yoga, meditation?	

Medication & diet information

The food in this area is very fresh, without preservatives and additives, so your digestion will probably improve, but please tell us if you have any serious food allergies or dietary requirements.	
Are you currently taking any prescription medicine? Please be sure to bring this and continue with your doctor's program during the retreat. Do you need any special accommodations?	